



**The Leader in Email Discussion Lists**

Welcome Guest!

[home](#) [search](#) [start a list](#) [sign up now](#) [login](#)



**SD Longriders**

[List Info](#) [Join This List](#)

[◀ Previous Message](#)

[All Messages](#)

[Next Message ▶](#)

**Check It Out!**

**George's Epic Adventures Anza/Nate Harrison Grade**

 george vargas

 Nov 22, 2005 00:12 PST



Hello Everyone:

Thursday 11/17/05

156 miles 9000 ft of gain

I went to Anza which is off the 371 (towards Palm Springs). It was a good ride but the 371 is quite narrow and there were many trucks carrying double wide mobile homes. Everytime the lead "wide load" vehicle came by I knew I was going to be run off the road. By the way, it was very windy getting there subsequently I was "pushed" home by the same strong winds.

Saturday 11/19/05

96 miles 9700 ft of gain

I can't believe the amount of email traffic I recieved prior to this ride. I feel bound to report on my adventures. A small group of 7 riders began in Encinitas. Of the 7 only Steve Cahill and I completed the climb up NHG. The route took us though Del Dios, Bear Valley, Lake Wholford a quick stop at the "store", NHG, Cole Grade, Valley Center Rd, Del Dios and back to Encinitas.

NHG--The fun really began when the pavement gave way to a dirt road. The road was good in certain areas and terrible in others. Big rocks little rocks gravel soft sand and oh yeah mountain lion droppings. The hairpins, I found were the hardest to negotiate--really steep and plenty of rutts from rains. And of course there was heat. Once you hit the treeline (yeah shade) (about 4500 ft) then you had to contend with the gnats buzzing all around your face and mouth as you were gasping for

**Topica Channels**

- [Best of Topica](#)
- [Art & Design](#)
- [Books, Movies & TV](#)
- [Developers](#)
- [Food & Drink](#)
- [Health & Fitness](#)
- [Internet](#)
- [Music](#)
- [News & Information](#)
- [Personal Finance](#)
- [Personal Technology](#)
- [Small Business](#)
- [Software](#)
- [Sports](#)
- [Travel & Leisure](#)
- [Women & Family](#)

**Start Your Own List!**

air.

What do you say was the purpose? Well I believe it helped by climbing efficiency. If I leaned to far forward while standing then my rear wheel would lose traction. If I leaned to far rearward my front wheel would lift off the ground. I had to be properly positiond on the bike to be efficient and of course use my balance to stay upright. Hike a bike was acceptable--the alternative was falling.

How steep was it? It was so steep (rimshot)--10 miles at 8.1% there was a 7.5 mile section that avg'd 9.5%. Yes that is a tough day. By the way 53/39x12/27 was not enough.

All I want for Christmas is -- Nate Harrison to be paved. It would be my favorite climb in San Diego.

george

PS- to the naysayers --YES this can be done on a road bike, albeit, it is easier and wiser on a mountain bike possibly a cross bike.

Barclay-post to Brevets  
Pete P-FYI and/or post

-----  
Yahoo! FareChase - Search multiple travel sites in one click.

[Join This List](#) [List Info](#)

[◀ Previous Message](#)

[All Messages](#)

[Next Message ▶](#)

© 2001 Topica Inc. TFMB

Concerned about privacy? Topica is TrustE certified. See our [Privacy Policy](#).



Email lists are great for debating issues or publishing your views.

• [Start a List Today!](#)